

Westford Recreation Department

Mission Statement:

The Westford Recreation Department was created to provide recreational, educational, athletic, cultural, and entertainment activities to all Westford residents and neighbors. We strive to offer programs for a wide variety of ages, abilities and interests. We depend on community input, support and volunteers to make these programs successful.

Gingerbread House Workshop



Dec 2, 2016

3pm - 5pm

WES Art Room

Grades 2 and up may stay afterschool until pick up at 5pm

Grades PK - 1 must be accompanied by an adult

\$25/participant

(no charge for PK-1 parent helper)

Participants will build and decorate a gingerbread house to take home.

Adult Pick Up Basketball



Wednesdays November 16th - May 31st

8:00pm - 9:30pm

WES Gym

Nordic Skiing

Registration is now open!

Fridays January Through March

Exact Dates TBD

3:00pm - 4:45pm

Grades 1-8

\$20 with own equipment / \$40 with equipment rental

Grades 1-2 must be accompanied by an adult



We are still in need of coaches for this program!

If you are interested in coaching, please call (802)662-1042 or email WestfordVTRec@gmail.com.

Program Fee is waived for coach's children.

Recreation Department Committee Members

Bekah Gwozdz, Coordinator
Maureen Carpenter
Martha Bennett
Greg Baker

662-1042
893-5096
878-9269
324-5537

Danielle Vierling 871-9404
Jeff LaBossiere
Meredith Irish 373-9980
Nancy Volkers

Email: WestfordVTRec@gmail.com

Yoga

Gentle Yoga Flow with Kim Horton, RYT

Wednesdays December 7th -January 11th

8:45am - 9:45am

All levels welcome!

Red Brick Meeting House

6 weeks: \$60 for series or \$12 drop-in

Practice a gentle, but dynamic flow sequence to open and strengthen the body. Focus on linking breath to movement, increasing energy and calming the mind.

You can expect a friendly and supportive class environment.

Contact Kim with any questions~ Kim@annecy.us



Power Flow Yoga

Wednesdays January 5th - February 9th

6:15pm - 7:30pm

All levels welcome!

Red Brick Meeting House

6 weeks: \$72 for series or \$13 drop-in

Afterschool Art Club



Thursdays January 19th - February 23rd

3:00pm - 4:30pm

Grades 3 - 5

WES Art Room

6 Weeks: \$85/participant

Minimum: 6 Maximum 15(ish)

Come explore a variety of art mediums!

Afterschool Chorus

Tuesdays February 7th - March 28th

3:00pm - 4:30pm

Grades 3 - 5

WES Music Room

6 Weeks: \$40/participant

Minimum: 10

Final Performance:

March 19th 7pm



Westford Recreation Department—Registration Form

NAME (Parents) _____

ADDRESS _____ TOWN _____ ZIP _____

E-MAIL ADDRESS (only to be used for WRD mailings) _____

HOME PHONE _____ ALT PHONE _____

EMERGENCY CONTACT _____ PHONE _____

DOCTOR'S NAME _____ PHONE _____

Please list medical conditions, physical limitations, allergies, or restrictions WRD should be aware of: _____

Name	Grade	Program	Fee
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
Total Fee:			_____

Would you be willing to coach or be a parent helper? Yes No

I agree that Westford Recreation may use photographs of registrants with or without their name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

*****Please contact a Recreation Department member if your financial situation is preventing you from signing yourself, or your child, up for a program. Scholarships are available.*****

RELEASE/WAVIER AGREEMENT:
 I am fully aware of the inherent risk, and give my consent for the above named applicant(s) to participate in the program(s) listed above. I hold harmless the Town of Westford, Westford School, their employees, elected officials, and/or any volunteers or instructors from any and all liability from any injury, claim, costs or loss of services which may be incurred by me, or us, or our minor children on account of participation in said program(s). Permission is hereby granted for me or us, or my child(ren) to receive emergency treatment if needed and I authorize the attending physician to administer any needed medical attention. Furthermore, I certify that I, or we, or my child(ren) are in good health and that there are no limitations to my/our participation except in writing above. I have read this document carefully and sign it voluntarily with full knowledge of its significance.

Signature _____ Date _____

Send registration with check payable to:
WESTFORD RECREATION DEPARTMENT
 Town of Westford, 1713 VT Rt.128, Westford, VT 05494



**WESTFORD RECREATION
18TH ANNUAL**

BROOMBALL

TOURNAMENT

January 14th & 15th

Westford Ice Rink on the Common

\$15/Player (Grade 9 and Up)

Minimum 5 players required per team

Team Registration Due Jan 6th!

(Only 22 Slots Available!)

First Come - First Served!!

(\$20/player for tournament day additions to roster)

This is NOT ice hockey!

No Skates are needed - players wear their own boots.

We'll provide broomsticks and balls.

Teams may be co-ed.

All players (or parent if under age 18) MUST sign our participation waiver. NO EXCEPTIONS!

Minimum \$75 non-refundable deposit is required to reserve slot.

Exact times and schedules determined by the number of teams and will be emailed to the team leaders one week prior to the tournament.

Make checks payable to Westford Rec

Send completed registration form to:

Westford Rec; 1713 VT Rte 128; Westford, VT 05494

Food and refreshments will be for sale at the Red Brick Meeting House throughout the tournament.

Proceeds benefit RBMH Restoration and Westford Recreation programs and equipment purchases.

Registration Form

Team Name: _____

Team Captain: _____

Captain's Phone Number: _____

Email: _____

Team Members:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____